

FALL 2020

## Fitness Center Entrance Procedure

The health and safety of our employees and our community is top priority for the Town of Manchester. As such, the Town of Manchester is taking actions that are reasonably necessary to protect the health, safety and welfare of the community and our employees to minimize the effects and limit transmission of COVID-19.

To keep in line with CDC, state and local health department regulations, the Town of Manchester will limit fitness center capacity to 12 people per hour (subject to change per State of CT guidance). To maintain healthy operations at our facility the following entrance/exit procedures will be instituted:

- Capacity limited to 12 people per hour
- Reservations will be required to use the fitness center. Walk-ins not permitted. Reservations may be made on-line or over the phone.
- **A valid Town of Manchester facility pass is required to enter the facility.** Passes may be purchased at the Community Y Recreation Center.
- All patrons will be screened for COVID-19 symptoms.
- Masks must be worn by all patrons when entering and exiting the facility, when moving to and from common spaces and when unable to safely maintain 6 feet social distancing. Masks are not required when able to safely maintain 6 feet of social distancing.
- Social distancing must be maintained while using cardio machines, free weights and other fitness equipment. Masks will be required when unable to maintain social distancing. Some machines will be unavailable to allow for social distancing.
- Bathrooms are available. Lockers will not be available for use.
- All patrons are required to wipe down equipment before and after each use. This includes free weights, machine accessories, benches, weight plates etc...
- "Super-setting" and utilizing multiples machines at one time is not permitted. Please use one machine at a time and disinfect before and after use.
- Staff will be sanitizing and disinfecting on a regular basis.

8/6/2020



presented by

Department of Leisure, Family and Recreation

Recreation Division

39 Lodge Drive ▪ 647-3084 ▪ [reconline.townofmanchester.org](http://reconline.townofmanchester.org)